



ASHA MODERN INTERNATIONAL SCHOOL

An English Medium Public School
 Affiliated to CBSE, New Delhi (Affiliation No. 2130963)
 Provides Education from Classes I to XII

SYLLABUS

2020-2021

CLASS - VI

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SUBJECT - ENGLISH

Prescribed Books-

1. New Gulmohar Reader - 6 (Orient Black Swan)
2. Grammar Cloud - 6 (Harbour Press International)

		Term-I	Marks
Periodic Assessment - I	20 Marks	A) Periodic Test - I ♦ Literature 1. The starting Point 2. Wild Duck ♦ Grammar 1. The Sentence 2. Sentences Kinds ♦ Writing Application	10
		B) Subject Enrichment Activity (SEA) Students will be assessed / judged / tested on different parameters to conduct a <u>Qualitative Assessment</u> of his / her knowledge. After each chapter of literature, tests based on dictation, reading, writing, word-meaning, make sentences, Ques. Ans. short and long, character sketches, value based Ques.,	5

Half Yearly Examination	80 Marks	<p>True-False, Fill ups, Match the columns, who said to whom, multiple choice questions, extracts for comprehension, one word answers will be conducted. These can be given anywhere from the chapter. Grammar knowledge will also be tested through different exercises. Language of grammar exercises will be changed from those given in book. Listening and speaking skill of the child will also be assessed through speeches and extempore, etc.</p> <p>C) Notebook Submission</p>	5
		<p style="text-align: center;">Section - A (Reading)</p> <p>Two unseen passages of 5 marks each will be asked. MCQ will not be given.</p> <p style="text-align: center;">Section - B (Writing)</p> <p>1. Application / Informal Letter</p> <p>2. Story Writing (No choice will be given)</p> <p style="text-align: center;">Section - C (Grammar)</p> <p>1. The Sentence</p> <p>2. Sentence : Kinds</p> <p>3. Nouns : Kinds</p> <p>4. Pronouns</p> <p>5. Subject - Verb - Agreement</p> <p>6. Adjectives</p>	<p>10</p> <p>2×5</p> <p>10</p> <p>5</p> <p>5</p> <p>30</p>

2

		<p>11. Tenses (Simple Present Tense)</p> <p>12. Present Continuous Tense</p> <p>14. Past Tense (Simple)</p> <p>15. Past Continuous Tense</p> <p>20. Active and Passive Voice</p> <p>23. Vocabulary</p> <p>Notebook Work -</p> <p>★ Three forms of verbs (25)</p> <p>★ Idioms (20)</p> <p>★ One Word Substitution (20)</p> <p><i>Note - All topics marked with (★) will be asked from the notebook.</i></p> <p style="text-align: center;">Section - D (Literature)</p> <p>Ch. - 1 The Starting Point</p> <p>Ch. - 2 Wild Duck</p> <p>Ch. - 3 Tabby's Tablecloth</p> <p>Ch. - 4 Arthur and the Sword</p> <p>Poems -</p> <p>1. After the Storm</p> <p>2. Her Head</p>	30
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Term-II			Marks
Periodic Assessment - II	20 Marks	A) Periodic Test - II ♦ Literature 8. Resting Hill 9. The Mask ♦ Grammar 7. Degrees of Comparison 8. Verbs ♦ Writing Informal Letter	10
		B) Subject Enrichment Activity (SEA) Same as in Term - I	5
		C) Notebook Submission	5
Annual Exams	80 Marks	Section - A (Reading)	10
		Two unseen passages of 5 marks each will be asked. MCQ's will not be given.	2×5
		Section - B (Writing)	10
		1. Application / Informal Letter 2. Story Writing <i>Note - Choice will not be given.</i>	5 5

Section - C (Grammar)			30
7. Degrees of Comparison 8. Verbs 9. Adverbs 10. The Preposition 13. Present Perfect Tense 16. Past Perfect Tense 17. Simple Future Tense 18. Future Continuous Tense 19. Future Perfect Tense 21. Direct and Indirect Speech 22. Punctuation Marks Notebook Work - • Three forms of verbs (25) • Idioms (20) • One Word Substitution (20) <i>Note - All the chapters of Term - I will be asked in Term - II also.</i>			
Section - D (Literature)			30
Ch. -8 Resting Hill Ch. -9 The Mask			

	<p>Ch. - 11 Saving the Tiger</p> <p>Ch. - 12 The Canterville Ghost</p> <p>Poems -</p> <ul style="list-style-type: none"> • The Fog • Vocation <p>Deleted Part from Literature Reader -</p> <p>Structure and Usage, Speech practise, writing, listening, punctuation work, functions, going further, grammar, speaking</p> <p>Ch. - 1 Down the Rabbit Hole Ch. - 2 The Lotus (Poem)</p> <p>Ch. - 3 Brown Wolf Ch. - 4 The Village School</p> <p>Ch. - 5 The Fountain (Poem) Ch. - 6 Brighter Still</p> <p>Ch. - 7 Cows on the Beach (Poem)</p> <p>Deleted Part of Grammar Book -</p> <p>24. Paragraph and Debate Writing</p> <p>25. Notice Writing</p> <p>26. Dialogue Writing</p> <p>27. Reading Comprehension</p> <p>28. Advertisement</p> <ul style="list-style-type: none"> • Test Paper 1 - 2 	
		6

<p>Note (Ist Term & IInd Term) -</p> <ul style="list-style-type: none"> • Prepare the chapters of Literature Reader thoroughly as anything may be asked from them. • Students must prepare the grammar from the grammar notebook also. • The writing techniques given in the notebook are for practise only. Any topic may be asked other than ones done in notebook. • Chapters of Term - I of Literature will not be asked in Term - II. • All the chapters of Term - I grammar will be asked in Term - II. 				
<p align="center">Marks Division of Section - D for Half Yearly and Annual Exams</p>				
S. No.	Details	No. of Ques.	Marks Per Ques.	Total
1.	One seen passage from Prose	3	1	3
2.	One seen extract from Poetry	3	1	3
3.	Word Meaning and Sentence Formation (3 out of 4)	3	2	6
4.	Short Answer Type Questions (3 out of 4)	3	2	6
5.	Long Ques.-Ans. / Character Sketch / Value Based Question (1 out of 2)	1	4	4
6.	Back Exercises from Literature Chapters	-	-	8
Total				30
7				

SUBJECT - MATHEMATICS			
Prescribed Books- Composite Mathematics			
By - S.K. Gupta & Anubhuti Gangal			
Term-I			Marks
PA - I	20 Marks	A) Periodic Test - I 1. Knowing Our Numbers 10 Marks 2. Whole Numbers 10 Marks B) Subject Enrichment Activity (SEA) Qualitative Assessment (Students will be assessed through viva, pen paper tests, activities, quizzes, model making, evaluation based on basic concepts etc.) C) Notebook Submission	20 (10) 5 5
Half Yearly Exams	80 Marks	Chapters - 1. Knowing our Numbers 2. Whole Numbers 3. Playing with Numbers 4. Integers 5. Fractions 6. Decimals	 12 10 12 12 12 12
8			

		7. Basic Geometrical Ideas	10
Term-II			Marks
PA - II	20 Marks	A) Periodic Test - II 1. Algebra 10 Marks 2. Data Handling 10 Marks B) Subject Enrichment Activity (SEA) Qualitative Assessment - (Same as in Term - I) C) Notebook Submission	20 (10) 5 5
Annual Examination	80 Marks	Chapters - 1. Introduction to Algebra 2. Equations 3. Understanding Elementary Shapes 4. Practical Geometry 5. Perimeter and Area 6. Data Handling Chapter from Term - I 1. Integers	 12 12 10 12 14 12 8
9			

Paper Pattern of Periodic Tests				
S. No.	Details	No. of Ques.	Marks Per Ques.	Total
1.	Very Short Questions	4	1	4
2.	Short Questions (Type - 1)	1	2	2
3.	Short Questions (Type - 2)	2	3	6
4.	Long Questions	2	4	8
Total				20

Paper Pattern of Half Yearly & Annual Examination				
S. No.	Details	No. of Ques.	Marks Per Ques.	Total
1.	Very Short Questions	20	1	20
2.	Short Questions (Type - 1)	6	2	12
3.	Short Questions (Type - 2)	8	3	24
4.	Long Questions	6	4	24
Total				80

General Instructions -

- Paper setter may increase or decrease the weightage of chapters by 1 or 2 marks.
- Deleted portion will be told to the students in their classes.

<ul style="list-style-type: none"> 5 marks of notebook will be awarded on the basis of punctuality, regularity, neatness and upkeep. 30% (24 Marks) of the questions based on the concepts taught will be out of the book in Half Yearly as well as Annual Exams. 		
हिन्दी पाठ्यक्रम		
प्रस्तावित पुस्तकें- वाटिका (भारती भवन) नवरत्न हिन्दी व्याकरण एवं रचना		
Term-I		Marks
Periodic Assessment - I	A) Periodic Test - I पाठ - 1 एक किरण आई छाई (कविता) पाठ - 2 हम किसके फूफा जी हैं। मुहावरे (अर्थ एवं वाक्य), विशेषण	20 (10)
	B) Subject Enrichment Activity (SEA) (गुणात्मक विश्लेषण) विद्यार्थियों की योग्यता को निम्नलिखित मानक मूल्यों पर जाँचा जाएगा। साहित्य के पाठों आधारित श्रुतलेख, वाचन, सुलेख, शब्दार्थ, वाक्य, अतिलघु, लघु, दीर्घ प्रश्न, बहुविकल्पीय प्रश्न, चरित्र-चित्रण, रिक्त स्थान, मूल्यपरक प्रश्न, सही-गलत, मिलान करो, किसने-किससे कहा, पठित	5

	<p>गद्यांश एवं पद्यांश पर आधारित प्रश्नोत्तर, एक शब्द में उत्तर आदि अभ्यास कार्य पाठों में से कहीं से पूछे जा सकते हैं।</p> <p>व्याकरण पाठ्यक्रम से संबंधित विषयों पर भी विभिन्न अभ्यास कार्य एवं वाचन कौशल परीक्षण कराया जाएगा।</p>	
	C) Notebook Submission	5
Half Yearly Examination	हिन्दी साहित्य-	40
	पाठ - 1 एक किरण आई छाई (कविता)	
	पाठ - 2 हम किसके फूफा जी हैं	
	पाठ - 4 नीति निर्झर	
	पाठ - 5 अंधेर नगरी चौपट राजा	
	पाठ - 6 राजकुमारी रत्नावली	
	पाठ - 9 एम० एस० सुब्बुलक्ष्मी	
	साहित्य का प्रश्न प्रारूप एवं अंक योजना (अर्द्धवार्षिक एवं वार्षिक)	
	1. पद्यांश पर आधारित प्रश्नोत्तर	4
	2. गद्यांश पर आधारित प्रश्नोत्तर	4
12		

	3. शब्दार्थ एवं वाक्य प्रयोग	6
	4. रिक्त स्थान	4
	5. किसने किससे कहा	4
	6. लघु प्रश्न	4
	7. दीर्घ प्रश्न	6
	8. नया शब्द	2
	9. जीवन परिचय	2
	10. अभ्यास कार्य	4
		40
	व्याकरण	40
	कुल योग	80
	व्याकरण-	40
	1. लिंग परिवर्तन (वाक्यों में)	4
	2. मुहावरे (अर्थ, वाक्य)	4
	3. विशेषण (परिभाषा, भेदों की परिभाषा एवं छाँटना)	4
	4. स्वर के भेद (परिभाषा)	4
13		

	5. संधि (दीर्घ)	3
	6. महीनों के नाम (हिन्दी में)	3
	7. पर्यायवाची शब्द	3
	8. उपसर्ग	3
	9. अपठित गद्यांश	4
	10. पत्र (औपचारिक)	4
	11. अनुच्छेद	4
Term-I		Marks
Periodic Assessment - II	A) Periodic Test - II पाठ – 10 बन जाता मैं चंपा के फूल पाठ – 12 रानी की वाव वचन परिवर्तन (वाक्यों में) लोकोक्तियाँ (अर्थ एवं वाक्य)	20 (10)
	B) Subject Enrichment Activity (SEA) (गुणात्मक विश्लेषण) साहित्य एवं व्याकरण पाठ्यक्रम पर आधारित विभिन्न गतिविधियाँ एवं अभ्यास कार्य (अर्द्धवार्षिक के अनुसार)	5
14		

	C) Notebook Submission	5
Annual Examination	हिन्दी साहित्य -	40
	पाठ – 10 बन जाता मैं चंपा के फूल (कविता)	
	पाठ – 12 रानी की वाव	
	पाठ – 13 दादा जी का बाघ	
	पाठ – 14 उठो धरा के अमर सपूतों	
	पाठ – 15 चोर दरवाजा	
	पाठ – 16 छोटा जादूगर	
	हिन्दी व्याकरण -	40
	1. वचन परिवर्तन (वाक्यों में)	4
	2. लोकोक्तियाँ (अर्थ एवं वाक्य)	4
	3. क्रिया विशेषण (परिभाषा एवं छोटना)	4
	4. व्यंजन के भेद एवं परिभाषा	4
	5. संधि (गुण संधि)	3
	6. विलोम शब्द	3
	7. अनेकार्थक शब्द	3
15		

	<ul style="list-style-type: none"> कारक चिह्नों का ज्ञान संख्यावाची (1-10) अकारान्त शब्द रूप (राम) धातु रूप (लट्, लृट् लकार) पठ् धातु दीर्घ संधि शब्दावली (संबंधियों के नाम) 	
Term-II		Marks
PA - II	A) Periodic Test - II पाठ - 10 षष्ठी विभक्ति (सम्बन्ध कारक) पाठ - 18 सत्यस्य विजयः 1. शब्द रूप - बालक 2. संधि - दीर्घ	20 (10)
	B) Subject Enrichment Activity (SEA) गुणात्क विश्लेषण - साहित्य एवं व्याकरण पाठ्यक्रम पर आधारित विभिन्न अभ्यास कार्य एवं गतिविधियाँ, कंठस्थ श्लोक एवं कहानी आदि।	5
	C) Notebook Submission	5

Annual Examination	साहित्य - पाठ - 10 षष्ठी विभक्ति (सम्बन्ध कारक) पाठ - 11 सप्तमी विभक्ति (अधिकरण कारक) पाठ - 12 भूतकाल (लङ् लकार - प्रथम पुरुष) पाठ - 18 सत्यस्य विजयः पाठ - 19 सुभाषितानि	40
	व्याकरण - <ul style="list-style-type: none"> संख्यावाची (11-20) हिन्दी शब्दों का संस्कृत रूपान्तरण अकारान्त शब्द रूप (बालक) धातु रूप (लट्, लृट् लकार) (गम् धातु) दीर्घ संधि शब्दावली (फलों के नाम) 	40

नोट-

- वार्षिक परीक्षा में प्रश्न-पत्र प्रारूप एवं अंक योजना अर्द्धवार्षिक के समान होगी।
- प्राप्तांक को दोगुना कर 80 अंकों में से मूल्यांकन किया जाएगा।

		Project / Practice Work - <ul style="list-style-type: none"> Prepare a chart on the balanced diet. Page No. 19 Activity - 2 - To test for starch. Page No. 37 Activity - 1 - To separate a mixture of sand and water using sedimentation & decantation methods. 	
Term-II			Marks
PA - II	20 Marks	A) Periodic Test - II	10
		Ch. - 10 Habitat and Adaptation Ch. - 11 Measurement and Motion	
		B) Subject Enrichment Activity (SEA) - Qualitative Analysis Same as Term - I	5
		C) Notebook Submission	5
Annual Exams	80 Marks	Name of Chapters -	
		Ch. - 10 Habitat and Adaptation	10
		Ch. - 11 Measurement and Motion	10
		Ch. - 12 Electricity and Circuits	10
		Ch. - 13 Magnets	10
		Ch. - 14 Light, Shadows and Reflection	10
		Ch. - 15 Water	10

	Ch. - 16 Air Repeated Chapter - Ch. - 8 Plants Deleted Chapters - Ch. - 4 Fibre to Fabric Ch. - 7 Things Around Us Ch. - 17 Waste Management Project / Practice Work - <ul style="list-style-type: none"> Page No. 159 - Activity - 3 - To test whether a given material is a conductor or an insulator. Page No. 167 - Activity - 1 - To demonstrate that the property of attraction is more at the two poles of the magnet. 	10
		10

PA - 20 Marks Paper Pattern of Periodic Tests 2020-21				
S. No.	Details	Marks Per Ques.	No. of Ques.	Total
1.	Very Short Answer Type Questions (Self Made)	1	10	10
2.	Short Answer Type Questions	2	2	4
3.	Long Answer Type Questions	3	2	6
Total				20

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Half Yearly and Annual Exam Question Paper Pattern 2020-21

S. No.	Type of Questions	Marks Per Ques.	No. of Ques.	Total
1.	Own - 30 Marks Fill in the Blanks	1	10	10
2.	One Word	1	5	5
3.	True / False	1	5	5
4.	M.C.Q.	1	10	10
		Total	30	30
1.	Back Exercises from the book - 50 Marks Very Short Ans. type Ques. (6 out of 8)	2	6	12
2.	Short Ans. type Ques. (6 out of 8)	3	6	18
3.	Long Ans. type Ques. (4 out of 6)	5	4	20
		Total	16	50

SUBJECT - SOCIAL STUDIES

Prescribed Book - India and the world - Candid (By K.S. Randhawa)

Term-I			Marks
PA - I	20 Marks	A) Periodic Test - I Lesson - 1 The Earth in the Solar System Lesson - 2 From Hunting - Gathering to Growing Food	10
		B) Subject Enrichment Activity (SEA) Qualitative Assessment - Chapter based assessment of students through pen-paper test / oral tests of fill ups, T / F, MCQ, short questions, map, diagram, viva, extempore, knowledge and skill activity, etc.	5
		C) Notebook Submission	5
Half Yearly Exams	80 Marks	Geography - Lesson - 1 The Earth in the Solar System Lesson - 3 Latitudes and Longitudes History - Lesson - 2 From Hunting Gathering to Growing Food Lesson - 3 In the Earliest Cities Civics - Lesson - 3 The Government	80

		Map Work - Geography - States and their capital + union territories History - The Extent of Harappan Civilization Harappa, Rupar, Kalibangan, Lothal, Mohenjodaro, Kotdiji, Rangpur, Alamgirpur Diagram - Solar System, Latitude, Longitude Extra Information - <ul style="list-style-type: none"> Free hand map of Saharanpur. Identification of places in Map. (Blocks, Tehsil, Districts, Rivers, famous places and landmarks, etc.) Recent affairs related to state and the country. 	
Term-II			Marks
PA - II	20 Marks	A) Periodic Test - II	10
		Lesson - 4 Motions of the Earth	
		Lesson - 4 What Books and Burials tell us	
		B) Subject Enrichment Activity (SEA)	5
		Qualitative Assessment (Same as Term - I)	
		C) Notebook Submission	5
26			

Annual Examination	80 Marks	Geography - Lesson - 4 Motions of the Earth Lesson - 8 India - Natural Vegetation and Wildlife History - Lesson - 4 What Books and Burial tell us Lesson - 7 Rise of Mauryan Empire and Ashoka the Great Civics - Lesson - 4 Panchayati Raj in Rural Areas Lesson - 5 Local Self Government Map Work - Geography - National Parks and Sanctuaries - Gir, Periyar, Dudwa, Sariska, Shivpuri, Rajaji, Ranthambor, Manas, Kanha History - a) Extent of Chandragupta's Empire b) Towns like - Pataliputra, Taxila, Indraprastha c) Inscription places of Ashoka, Sarnath, Kalsi, Saurashtra, Brahmagiri Diagram - Revolution of the Earth Inclination of the Earth's axis Extra Information - Same as Term - I Repeated Chapter - Lesson - 3 - The Government	80
		27	

Marking Scheme and Paper Pattern for Half Yearly and Annual Exams				
S. No.	Type of Question	Marks Per Ques.	No. of Ques.	Total
1.	Objective Type Question	1	30	30
2.	Answer in Brief	2	7	14
3.	Answer in Detail	4	7	28
4.	Map	4	1	4
5.	Diagram	4	1	4
Total				80

Marks Distribution -

History	-	30 Marks
Geography	-	30 Marks
Civics	-	20 Marks

Notes -

- Objective type questions will be self made & can be given in the form of fill ups, one word, T / F, match the column, M.C.Q., one sentence question, etc.
- Question of 08 marks will be asked from first term repeated chapter.
- Map Work - Identification and label / locate on political map.

Periodic Assessment - 20 Marks				
S. No.	Type of Question	Marks Per Ques.	No. of Ques.	Total
1.	Objective Type	1	8	8
2.	Answer in Brief	2	2	4
3.	Answer in Detail	4	2	8
Total				20

Note for Periodic Test -
Objective type questions will be self made and can be given in the form of fill ups, one word, T / F, match the column, MCQ, one sentence question, etc.

SUBJECT - COMPUTER

Prescribed Book - The Brain Game - 6 (Navdeep Publication)

Term-I			Marks
PA - I	A) Periodic Test - I		20
	Chapter - 1	Computer Story	
	Chapter - 2	Language and Software Story	
PA - I	B) Subject Enrichment Activity (SEA)		5
	Qualitative Assessment - Qualitative Assessment will be done on written test/		

	oral / practicals according to the chapters done in the class. C) Notebook Submission	5
Half Yearly Exams	Chapter - 1 Computer Story Chapter - 2 Language and Software Story Chapter - 5 Working in Microsoft Office Excel Chapter - 6 Formatting and More in Excel + Keyboard Shortcut Keys + Full Forms Practical - 1. MS - Excel	50 30
Term-II		Marks
PA - II	A) Periodic Test - II Chapter - 3 Robotics and Artificial Intelligence Chapter - 4 Exploring Windows and More B) Subject Enrichment Activity (SEA) Qualitative Assessment - Qualitative Assessment will be done on written test / oral / practicals according to the chapters done in the class. C) Notebook Submission	20 5 5
30		

Annual Examination	Chapter - 3 Robotics and Artificial Intelligence	50	
	Chapter - 4 Exploring Windows and More		
	Chapter - 7 Programming Techniques using Flow Charts		
	Chapter - 8 Learning Q Basic		
	+ Keyboard Shortcut Keys + Full Forms		
	Practical - 1. Q Basic		30
	Deleted Chapters -		
Chapter - 9 Using Tools in Flash			
Chapter - 10 Animation in Flash			
Chapter - 11 Mailing and Mining the Web			

Marking Scheme of Periodic Test I & II				
S. No.	Details	No. of Ques.	Marks Per Ques.	Total
1.	Fill in the Blanks	5	1	5
2.	MCQ	5	1	5
3.	Short Ques. / Ans.	2	2	4
4.	Question / Answer	2	3	6
Total				20

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Paper Patter (Half Yearly & Annual Exam)				
Theory - 50 Marks Practical - 30 Marks				
S. No.	Details	No. of Ques.	Marks Per Ques.	Total
1.	M.C.Q.	10	1	10
2.	Fill in the Blanks	5	1	5
3.	True / False (Self Made)	5	1	5
4.	Full Forms + Shortcut Keys (Self Made)	10	1	10
5.	Short Question / Answer	4	2	8
6.	Long Ques. / Ans. (Do any 4 out of 5)	4	3	12
Total				50

SUBJECT - GENERAL KNOWLEDGE

Prescribed Book - G.K. Redefined - 6

Publisher - TUK Publication

Term-I		Marks
PA - I	A) Periodic Test - I Pages - 7, 10, 12, 13, 15, 16, 17, 18, 19, 20	20 (10)

32

	B) Subject Enrichment Activity (SEA) Qualitative Assessment - Students will be assessed through quizzes, pen-paper tests, rapid fire rounds, projects based on current affairs, etc.	5
	C) Notebook + Book	5
Half Yearly Exams	Pages - 21, 22, 23, 24, 25, 26, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 41, 42, 43, 44, 45, 46, 47 + Current Affairs, Reasoning Deleted Pages - 8, 9, 11, 39 Scrap Book - Saharanpur Coverage + Viva based on scrap book.	50 20 + 10
Term-II		Marks
PA - II	A) Periodic Test - II Pages - 48, 50, 51, 52, 53, 54, 55, 56, 57, 58 B) Subject Enrichment Activity (SEA) Qualitative Assessment - Same as in Term - I C) Notebook + Book	20 (10) 5 5
Annual Exam	Pages - 59, 60, 61, 62, 63, 65, 66, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 81, 82, 83, 84, 85, 86 + Current Affairs , Reasoning	50
33		

SUBJECT - HEALTH : PHYSICAL EDUCATION

I. P.T.-

- 1) Attention and Stand at ease
- 2) P.T. Exercises (10)
- 3) Terms Left, Right, About Turn
- 4) March Post with About Turn
- 5) Rhythmic Exercises

II. Games : Indigenous & Others -

- 1) Football, Basket Ball, Volley Ball, Hand Ball, Net Ball
- 2) Athletics
- 3) Kurash, Judo, Karate
- 4) Swimming
- 5) Cricket
- 6) Kabaddi, Kho-Kho

III. Yoga-

- 1) गुरु वन्दना
- 2) आसन : सूर्य नमस्कार, कोणासन, ताडासन, उत्कटासन, पश्चिमोत्तासन, आकर्ण धनुरासन, भूः नमनासन, वज्रासन, पूर्ण सुप्त वज्रासन, उत्कटासन, धनुरासन, चक्रासन, सुखासन, श्वासन
- 3) प्राणायाम : भ्रामरी, पूरक रेचक, नाडी शोधन प्राणायाम
- 4) ध्यान : ध्यान (मौं)

SUBJECT - MUSIC

1. Hindi Prayer - a) Namokar Mantra b) Gayatri Mantra
c) Tu Hi Ram Hai Tu Rahim Hai d) Aashish Hume Dena
2. English Prayer - a) Like a Sunflower b) I have come to thee
c) There are numerous string
3. Prayer - a) Thanks Giving Prayer
4. Anthem - a) School Anthem b) National Anthem c) A.M.F. Anthem
5. National Song - a) Vande Mataram
6. Sargams
7. Swar Lehri & Raag

Note - 1. Students will be asked to sing anyone of the given prayers / anthems and any other topic.
2. The assessment is based on active participation in school activities or programmes, punctuality and regularity.
3. Performing Art will be assessed on 5 points grading scale (A - E).

- Instrument -** a) Keyboard b) Congo (Beat Style)
c) Guitar (Chord & Strumming Beat) d) Drum (Beat Pattern)
e) Percussions f) Tabla
g) D - Jembe h) Cojon

Note - 1. Students can opt any one of these instruments given above.
2. Instruments will be assessed on 5-Point grading scale (A - E).
3. The assessment is based on active participation in school activities or programmes, punctuality and regularity.